



Middle School ~ May 2025

Rise & Shine

Additional Daily Breakfast Choices: *Main Entrée *Cereal *Cold Pizza *Whole Grain Doughnut *Bagel & Cream Cheese *Assorted Muffins *Oatmeal Breakfast Bars *String Cheese *Yogurt	This institution is an equal opportunity provider Menu subject to change without notice	Daily Lunch Choices May Include: Main Entrée Corn dog Hamburger Pizza Choices Protein Packs Chicken Sandwich Salads and Hoagies	1 Breakfast: Scrambled Eggs, Bacon & English Muffin Szechuan Chicken Brown Rice Fortune Cookies Sugar Snap Peas Variety of Fruits and Vegetables	2 Breakfast: Fresh Baked Cinnamon Roll Garlic Cheese OR Pepperoni Rippers Fries Variety of Fruits and Vegetables
5 Breakfast: Pancake on a Stick Nachos with Taco Meat & Cheese Sauce Refried Beans Variety of Fruits and Vegetables	6 Breakfast: Fresh Made Breakfast Burrito Cheeseburger Mac & Cheese (like Hamburger Helper) Caesar Salad Variety of Fruits and Vegetables	7 Breakfast: Grab & Go Choices BBQ Pulled Pork on Flatbread Baked Beans Variety of Fruits and Vegetables	8 Breakfast: Sausage, Egg & Cheese Breakfast Sandwich Orange Chicken or Szechuan Chicken Brown Rice, Peas Fortune Cookies Variety of Fruits and Vegetables	9 Breakfast: Fresh Baked Cinnamon Roll Spicy Asian Chicken Burger Fries Variety of Fruits and Vegetables
12 Breakfast: Breakfast Pizza Chicken Alfredo over Penne Pasta Caesar Salad Variety of Fruits and Vegetables	13 Breakfast: Berry and Yogurt Parfait with Granola Soft Taco Cilantro Lime Rice Black Beans & Churro Variety of Fruits and Vegetables	14 Breakfast: Grab & Go Choices Buffalo Chicken Dip Tortilla Chips Celery & Carrots Variety of Fruits and Vegetables	15 Breakfast: Scrambled Eggs, Bacon & English Muffin Funnel Cakes Sausage Links Hashbrown Patty Berries w/Topping Variety of Fruits and Vegetables	16 Breakfast: Fresh Baked Cinnamon Roll Chicken Nuggets Goldfish Crackers Fries Variety of Fruits and Vegetables
19 Breakfast: Pancake on a Stick Pasta & Meat Sauce &/or Pasta & Meatballs Garlic Toast Roasted Asparagus Variety of Fruits and Vegetables	20 Breakfast: Fresh Made Breakfast Burrito Cheese & Chicken Quesadilla Tortilla Chips with Black Bean & Corn Salsa Variety of Fruits and Vegetables	21 Breakfast: Grab & Go Choices Fish Nuggets Cornbread Coleslaw Variety of Fruits and Vegetables	22 Breakfast: Sausage, Egg & Cheese Breakfast Sandwich Szechuan Chicken Brown Rice Fortune Cookies Roasted Edamame Variety of Fruits and Vegetables	23 Breakfast: Fresh Baked Cinnamon Roll Meatball Sub With Marinara Sauce & Mozzarella, Fries Variety of Fruits and Vegetables
26 No School 	27 Breakfast: Berry and Yogurt Parfait with Granola Nachos with Taco Meat & Cheese Sauce Refried Beans Variety of Fruits and Vegetables	28 Breakfast: Grab & Go Choices Macaroni & Cheese w/Popcorn Chicken Garlic Toast, Caesar Variety of Fruits and Vegetables	29 Breakfast: Scrambled Eggs, Bacon & English Muffin Teriyaki Beef Dippers or Szechuan Chicken Brown Rice, Fortune Cookie Broccoli & Cauliflower Variety of Fruits and Vegetables	30 Breakfast: Fresh Baked Cinnamon Roll Chicken & Waffles with Syrup Berry Cup w/Topping Variety of Fruits and Vegetables


School Lunch Hero Day
 celebrated May 2nd.
Thank you to our own School Lunch heroes:
 Doni, Kelli, Chelsea, Becca, Roxy, Joline, Viviann, Jill, Chelsea, Tanya, Brenda, Kit, Marianne & Mila



Daily choices of fruits and vegetable available daily on the Produce Buffet.
 **Students getting breakfast and/or lunch are required to take a 1/2 cup of fruit or veggies with their meal.